

February 21, 2015 – Presentation by Warren King

How to Love Your Organs

Warren will take us through the five organ systems. He will touch upon the seasons, foods and what an qigong movement that supports each one.

Warren King was raised in a medical family and began his premedical studies at Cornell University. Experimenting with tai chi, meditation and vegetarian diets made him question his healing path. Feeling that there were enough doctors utilizing drugs and surgery as their main modality in healing, he sought an alternative approach. He attended the University of California, Santa Cruz, majoring in psychology with a minor in religious studies. His focus was on dreams as well as transpersonal psychology. He also earned a California Holistic Health Certificate for massage and herbology in 1986. His formal studies in Oriental Medicine began at the New England School of Acupuncture near Boston. He also attended the nearby Kushi Institute to study healing through food with Michio Kushi. He continued to study Acupuncture and Chinese Herbology under some of the finest Chinese medical doctors in the country at the Midwest Center of Oriental Medicine in Chicago. His internship included advanced oriental medical doctors in Boston, Montana, and Chicago and was completed at the Cook County Hospital Pain Clinic in Chicago. He received his certificate to practice acupuncture in 1991. For three years Warren practiced in a multi-disciplined medical clinic in Connecticut. He continued his studies by studying oriental diagnosis with Herman Aihara and traveling to Canada and Chicago for advanced training in auricular medicine and homeopathy. With a growing family, Warren decided to relocate to Minnesota where he has been in private practice for the last six years. The addition of detailed custom-made diets, qi gong (an ancient art of internal energy circulation) and flower essences has allowed him to tap into even deeper levels of healing. With constant refinement of his knowledge, tools and intuition, the results obtained with thousands of clients have truly been remarkable. - See more at: <http://www.warrenking.com/about-warren-king/#sthash.fDV5I9MS.dpuf>