

## **November 21, 2015 – Presentation by Tami Briggs Creating a “Sound” Environment to Promote Healing**

This experiential presentation will explore how music contributes to creating a healing environment for you and your clients. It will focus on music's benefits of comfort, pain distraction, relaxation and anchoring.

Join Tami Briggs, therapeutic harpist, as she weaves together practical tips, powerful stories and plays live harp examples, demonstrating music's role in wellness—for yourself and those you serve.

Tami Briggs is a therapeutic harpist and in 1999, she founded *Musical Reflections* located in Minneapolis. She has a certification from the International Harp Therapy Program and has played the harp at the bedside of hundreds of hospital and hospice patients. As a composer and recording artist, she has released 15 CDs for relaxation, comfort, healing, and sleep; she has also written two books. Her websites are [www.MusicalReflections.com](http://www.MusicalReflections.com), [www.WomenAsHealers.com](http://www.WomenAsHealers.com) and [www.BioMatInc.com](http://www.BioMatInc.com).