

January 20, 2018
Presentation by Tami Briggs
Harp and Hands in Harmonious Healing

This experiential presentation will explore how music enhances you and your clients' overall health and wellness. Specifically, it will focus on music's benefits in all four areas of well-being: emotional, mental, physical and spiritual.

Tami Briggs, therapeutic harpist, will weave together practical tips, powerful stories and play live harp examples, as she demonstrates music's healing role. She will also share ideas for shifting into the world's next harmonic frequencies.

Tami Briggs is a therapeutic harpist and in 1999, she founded Musical Reflections located in Minneapolis. She has a certification from the International Harp Therapy Program and has played the harp at the bedside of hundreds of hospital and hospice patients. As a composer and recording artist, she has released 15 CDs for relaxation, comfort, healing, and sleep; she has also written two books. Her websites are [Musical Reflections](#), [Women As Healers](#) and [BioMatInc](#).