

## **November 19, 2016 - Presentation by Yvette Erasmus, PsyD, LP**

### **Coming to Peaceful Resolutions**

Dialogue can be a powerful tool for healing communities and relationships. Yvette will introduce the principles and practices of peaceful communication and will provide practical tools and strategies for engaging with conflict in transformative ways. Healing dialogues focus on the heart and are grounded in principles of collaboration, mutual respect and creativity. When people are able to observe situations mindfully, develop their compassionate observer selves, track their feelings and needs consciously, and skillfully ask for what they want, amazing things can happen. Join us to explore how relationships can be repaired through the power of dialogue.