

July 18, 2015
Presentation by Deanne Kroll
Getting Unstuck

Deanne will discuss how to push through a plateau in you life with chronic issues like: personal/spiritual growth, illness, relationships, life struggles or self-care. Is there any physical, emotional or physical hurdle in your life? Find what is stopping you from moving forward!

- Learn indicators to help identify the types of blockages whether it is physical or emotional.
- Learn to be aware of the energy pattern that caused the blockage.
- Interrupting the energy pattern by transforming the pattern to a healthy one to balance the body.
- Introduce tools to help move forward.
- How to reinforce new patterns of health.

Deanne Kroll, founder of the Golden Essence Healing Arts, is a Level 2 Qigong Master Healer and instructor studying and practicing Qigong since 1997. She describes herself as a “transformer” helping others physically and energetically through times of health challenges at her private practice in Eagan. She is a Nationally Certified Massage Therapist offering multiple holistic modalities including Medical Qigong Healing, NeuroMuscular Therapy, CranioSacral Therapy, Healing Stones and Halo Photonics Light Therapies. Deanne enjoys gardening, oil painting, creating energy infused stone jewelry and spending time with her daughters.

Learn more about Deanne by visiting her website:

<http://thegoldenessence.com>

Learn more about her classes, practice groups and offerings on Facebook:

<https://www.facebook.com/GoldenEssenceHealing>

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