

**January 11, 2016**  
**Presentation by Patty Vivant and Kristin Fischer**  
**Vibrational Sound Event**

Happy New Year! Energetically, 2016 signals an exciting time of completion, a time to consciously create space within ourselves to accommodate the expansive shifts coming our way individually and collectively. Patty Vivant and Kristin Fischer will share unique sound healing meditations to prepare us for the creational opportunities of this New Year.

Sound has been used since ancient times as a catalyst for profound personal and collective healing. Pure vocal tones offered with the highest intent and the resonant frequencies of crystal bowls, metal bells and other instruments will support your quest for new insights, life-changing information and critical tools for self-healing from the deepest levels of your inner Source.

Patty Vivant is an energy healer who accesses a variety of ancient energy streams including Egyptian Alchemy and Tibetan Shamanism. She consciously directs the multi-dimensional aspects of her being to assist others during healing sessions. Patricia's work with sound healing has led her to transformational experiences in Egypt, Europe, Tibet, Peru and the US over the past 25 years.

Kristin Fischer is a classically trained vocalist, a voice-over artist, a speech language pathologist and a sound healer. When she tones, Kristin channels pure sound that supports deep inner exploration, healing on all levels and profound personal expansion. Kristin's individual and group sound healing work draws on training in Reiki, Qigong, Interpersonal Hypnosis and Sound Healing.

Patty and Kristin share sacred sound in small group events every other month in Burnsville, MN. Visit the MettaSound website for more information about sound healing and upcoming sound healing events. <http://www.MettaSound.net>