

February 16, 2013

Marcelle Lafleur will discuss and provide hands on participation in using Bio Energetic Synchronization Technique (B.E.S.T.) and The Emotion Code as tools to improve the ease and flow of energy in our daily lives.

Marcelle had been studying various forms of healing for many years before she was diagnosed with cancer in 2009. Determined to heal with minimal intervention from “conventional medicine,” she approached her healing journey with Spring Forest Qigong as the cornerstone, while concurrently investigating many of the other alternative and complementary therapies available. Anyone who attended the Spring Forest Qigong Cancer Conference in 2010 will remember Marcelle relating how her intention for healing was to avoid surgery. She realized that not being able to intend/request complete healing came from a place of not being worthy of being cured. When surgery was required, it became abundantly clear to her that a person’s inner landscape played a vital role in healing and in maintaining health.

Marcelle was first introduced to the Bio Energetic Synchronization Technique 20 years ago, but a move to Minnesota and other events in her life caused her to put B.E.S.T. on the back burner. As the saying goes: “when the student is ready, the teacher will appear.” Marcelle was in the midst of her healing journey when her teacher reappeared. After many personal healing sessions and experiencing the full power of the technique, Marcelle studied the program and was certificated as a B.E.S.T. practitioner and currently has an active healing practice.

Marcelle will share her experience and provide practical, hands-on instruction in her presentation on February 16th.

Describing her presentation, Marcelle says: “We hear of ships hitting an iceberg jutting out of the ocean. But the ship didn’t hit the iceberg per se, it hit the glacier underneath. This image is an excellent visual of us on our life journey. That glacier is “what we don’t know” which runs our life emotionally and has ripple effects in the physical body. It is the past stored in our subconscious and in our physical bodies. B.E.S.T. and The Emotion Code are two powerful tools that can be used to chip away at this glacier, opening paths that allow for greater ease and flow. This presentation is a hands-on approach, with active participation, which will teach you how to use these tools in your daily life. I can tell you from personal experience that my conscious brain doesn’t know exactly what is happening inside my body, but thanks in large measure to B.E.S.T. and The Emotion Code, I am living life to the max! And that’s all that counts.”

Marcelle Lafleur is a certified B.E.S.T. practitioner and Emotion Code practitioner and can be reached at 952-412-3558 or 952-935-2843 or by email at marcelle@hearthcom.com.